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ABSTRACT

The role that contemporary parent training programs play in solving problems caused by breakdowns in the family unit and parent-child relationships is clarified. Guidelines are offered to help various segments of society provide parent training. Part 1 explains why parent training is needed and highlights modern parent training programs. Part 2 provides background information on what parent training can achieve. Part 3 examines what effective and humane parenting means today and considers research in this area. Part 4 examines programs that have been created to foster effective parenting, focusing on Parent Effectiveness Training, Systematic Training for Effective Parenting: STEP, and Confident Parenting. Culturally adapted parent training programs, including those for minority parents, are reviewed. Part 5 explores studies of such programs in operation. Part 6 summarizes findings and presents a blueprint for action involving all segments of society. Twenty-two tables illustrate programs and their impact. (Contains 258 references.) (SLD)

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